

**Dublin Region Homeless Executive**  
**Early Morning FOOD / Support Services opening times**

SERVICE NAME	OPENING HOURS	ADDRESS	TEL NO	SERVICES OFFERED	Charge
St Brigid's Food Centre	Mon-Fri: 12 – 2pm	Holles Row	6765707	Food	€3
	Closed Saturday and Sundays & bank hols	Dublin 2			
Crosscare, Community Cafe	Mon – Fri 12 – 2pm	Eblana Ave, Dun Laoghaire, Co. Dublin	4123602	Food	€3
Focus Ireland Coffee Shop	Mon, Tues, Thurs, Fri 11am -3.30pm	15 Eustace Street	6712555	Advice & Information	Low Cost
	Weds 11.30am– 3.30pm	Dublin 2			
	Sat & Sun 11.30am – 3pm				
St.Joseph's Penny Dinners	Mon-Fri: 12noon – 1.30pm	67 Avondale House, Nth Cumberland St Dublin 1	8743297	Food	1euro optional
	Closed weekends				
St Agatha's Food Centre	Mon – Fri 12-2pm	35 Portland Row, D1	8555577	Food	€3
Capuchin Day Centre	Mon – Sat 7am-11.30am; 1pm-3.30pm (School days) (Holidays till 3pm) Closed Sundays	Bow St, Dublin 7	8720770	Medical Services	No charge
				Food	
Missionaries of Charity	Sundays (only) 3pm – 5pm	223 South Circular Rd, D8	4540163	Food	No Charge
Mendicity Institution Trust	Mon-Fri: 9am-9.30am,	Island St, Dublin 8	6773308	Food, Advice & Information	No charge
	10.30am-1pm (Lunch)			East European speakers on staff	
	Sat: (Brunch) 10am-11am				
Merchants Quay Ireland	<b>Mon, Tue, Wed, Thur, Fri: 8am-9.30am breakfast</b>	Riverbank, Dublin 8	5240923	Food, Showers	No Charge
	<b>Mon, Tue, Wed and Fri: 9.30am-12.30pm- contacts and advocacy</b>			Advocacy, advice and information	
	<b>Closed Thursdays between 9.30am and 1.45pm for staff training.</b>			Medical Services	
	open every afternoon 1.45-5.00pm				
Extended Day Service	Mon – Fri 5.30pm – 8.15pm b/h	13-14 Merchants Quay, D8.	5240927/ 5240924	Food	No Charge
				Harm Reduction	
Guild of the Little Flower	Breakfast – 9am to 10.30am Lunch/Dinner – 12 noon to 1.15pm (Doors open at 11.30am). Laundry – 9am to 2PM.	11 Meath Street, Dublin 8	453 6621	Laundry Service for a fee	Low Cost
Dublin Simon Soup Run	365 days 7.30 - 9.30pm	City Centre: Not specific address- mobile service	089 418 07 84/ 089 4446105/ 8720185	Food	

**First opening hours:**

**Capuchin Day Centre:** Mon – Sat: 7am-11.30am;

**Merchants Quay Ireland:** Sundays: 8am-9.30am